



# ALL THINGS NEW

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STEADFAST IN FAITH • FORWARD IN HOPE

UNCEASING PRAYER  
RESOURCES FOR PARISHES



# WELCOME

This booklet is meant to be a prayerful resource for you and your parish. We hope these materials will be beneficial to incorporate into prayer opportunities already available at your parish, and allow you to offer new prayer opportunities where possible to bring everyone together in this process of All Things New. As we continue to the next phase, we remind ourselves to always be Steadfast in Faith and to look Forward in Hope!



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## STEADFAST IN FAITH



Jesus, You call us to pray, fast and give alms.  
We, of the Archdiocese of St. Louis thank You  
for Your call this Lent to grow steadfast in our faith.  
In our Archdiocesan journey may we stay close to  
the Word and grow in virtue, so that we may find  
mutual affection for one another as we embrace  
the plan for the future of the Archdiocese.  
Strengthen us with the discipline of prayer,  
aid us in fasting from negativity and self indulgence.  
Stir through the Spirit, a generosity for the needs of others  
so that we may grow in charity. As we journey through these  
days of Lent, may we seek the power of the Spirit  
to grow through your transformative Love, Lord. Amen.



On the previous page is a new graphic and prayer to use during this next stage of All Things New, starting Ash Wednesday and ending Easter Sunday. It is a reminder for us to remain steadfast in faith. This prayer card will also be available electronically in a printable format shared with parishes, liturgy coordinators, and in the Tuesday Flocknote to all priests.

The following materials are to be a resource for you as we begin the season of Lent. To remind us to be steadfast in faith and trust in what lies ahead. This season is a great time for us to pray, fast, and draw into a deeper relationship with Christ, discovering new ways of dying to self and focusing on an outward life of faith. These materials are most beneficial starting today through Easter Sunday. Then we will shift to the next stage.

Lent is a season of fasting, and throughout All Things New we have come together as a people of faith; focused on God's will and direction for our lives and the future of our church. This Lent, through fasting we can learn to look beyond ourselves to what is most important. By sacrificing those things of this world that we crave the most, we can shift our focus more to prayer and encounter the Lord more fully. It will open our hearts to this process and remind us of what Christ created the Church for; to bring all people into a life with God and eternal salvation for us all.

## **PRAYER**

The prayer on the previous page is to remind us to be a people of faith this Lent. You might consider using this as the prayer each week to conclude the Universal Prayers. It would be a great way to pray as a community of faith. It can also be used for meetings, in the classrooms, prayer groups, and shared with your families.

## **UNIVERSAL PRAYERS**

*The following Universal Prayers can be used at any time throughout the Season of Lent:*

For the missionaries of the Church, that they may be compelled by the Lord's command to proclaim the Gospel to every creature and that the Lord may work with them through acts of mighty power, let us pray to the Lord....



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That the rulers and the powerful of the world may again hear the Gospel with its demand for justice and the dignity of every human being, let us pray to the Lord....

That the example of the missionary Saints of our Church who brought the Gospel message to all nations, may inspire our evangelizing efforts at home, in the places we work, with the people we encounter, and the strangers in our midst, let us pray to the Lord....

For an end to discrimination against our brothers and sisters at the perceived margins of the Church and society, that the dignity of all people, who are made in the image and likeness of God, will be defended and all will find a home within the Church, let us pray to the Lord....

For an increase in vocations to the priesthood, that the Lord's call to serve His people will pierce the noisy distractions of our secular world so more men will respond to the challenge of working with the Lord to make all things new, let us pray to the Lord....

That the Season of Lent will awaken within the Church of Saint Louis a desire for collaboration, respect, relationship, and openness, so we will all respond joyously to the Spirit's promptings, let us pray to the Lord....

That through our fasting during this Season of Lent, we will give up all that prevents us from living a life of steadfast faith, let us pray to the Lord....

That through our fasting during this Season of Lent, we will be able to better identify with those who have little or feel like they are at the perceived margins of the Church and society, and will work for justice and peace, let us pray to the Lord....

## **Ash Wednesday**

That we who accept the sign of ashes as a confession of our mortality and of our steadfast faith in the life-giving power of God, may make room for that divine life to grow by our hidden deeds of penance and mercy, let us pray to the Lord....

That we may no longer avoid the effort to change, but that all our powers be gathered to acknowledging our offenses and begging for a clean heart and a steadfast faith, let us pray to the Lord....

That through our fasting during this Season of Lent, we will give up all that prevents us from living a life of steadfast faith, let us pray to the Lord....

That through our fasting during this Season of Lent, we will be able to better identify with those who have little or feel like they are at the perceived margins of the Church and society, and will work for justice and peace, let us pray to the Lord....

### *For the Sundays of the Season of Lent*

#### **First Sunday of Lent**

That all Catholics in the Archdiocese of St. Louis may enter this holy season of repentance and grace by partaking of the sacrament of penance and reconciliation as a means of being steadfast in faith, let us pray to the Lord....

For all who are in a season of temptation, that with the strength of the Lord they may resist the insidious suggestions of the Evil One and emerge from the trial stronger, more free, and more steadfast in faith, let us pray to the Lord....

For the sick, the poor and the marginalized, the imprisoned and the addicted, that our loving prayer and effective action during this Lenten season may relieve them and make them feel at home in the Church, let us pray to the Lord....

## **Second Sunday of Lent**

That the Lord who loves justice, righteousness, and the equality of all people may be the strength and guiding light of world leaders, so that all people may walk in the ways of life, peace, and faith, let us pray to the Lord....

That Jesus, who was transfigured before His disciples to strengthen them for His coming passion, may shine within our souls to help us in the trails of our faith journey so to keep us steadfast in faith, let us pray to the Lord....

That we may acknowledge Jesus as the Father's beloved Son, in whom He is well pleased, and that we may listen to Him profoundly, learning everything from His example so as to be steadfast in faith, let us pray to the Lord....

## **Third Sunday of Lent**

That we may give Jesus the cool water of our steadfast faith and our love, and that we may understand the gift of God, knowing that Jesus is the One who gives us the living water of everlasting life, let us pray to the Lord....

That Jesus, who gently led the Samaritan woman to salvation, may reach out to all those who feel they are at the margins of the Church and society and all those who need to come home to His love during this holy season, let us pray to the Lord....

That our catechumens may be true worshipers who adore the Father in the Spirit and in truth and who have no other spiritual food than to do the will of the One who has chosen them to live a life of steadfast faith, let us pray to the Lord....



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## **Fourth Sunday of Lent**

For those preparing for baptism, that like the man born blind, they may now be able to see the truth, believe in Jesus who gives them their spiritual sight, and remain steadfast in faith, let us pray to the Lord....

That we who are baptized may live as children of the light, producing in our lives every kind of goodness in righteousness and truth, and remain steadfast in faith, let us pray to the Lord....

## **Fifth Sunday of Lent**

That we may give Jesus the sacred tribute of our steadfast faith, believing in Him even beyond the death of our hopes and of our loved ones, let us pray to the Lord....

For refugees, for the oppressed and abandoned, and all those who do not feel a welcome in our parishes, that God may settle their wandering hearts by putting His spirit of life in them again, let us pray to the Lord....

For those who suffer, whose dreams lie in the tomb, who believe their faith seems lifeless, that the divine promise to open the graves and raise the dead may be active, bringing them healing and hope, let us pray to the Lord....

## *For Holy Week*

### **Sunday of the Passion of the Lord (Palm Sunday)**

For all who bear the role of prophet in the Church, that with the Master they may have a well-trained ear and words that can rouse the weary, and never turn back in the face of persecution, let us pray to the Lord....

That we may allow grace to bring us with Jesus to the loving obedience that empties us out into our own inevitable cross at His side, so that with Him we too may remain steadfast in faith and be raised on high by the Father, let us pray to the Lord....



## **Evening Mass of the Lord's Supper (Holy Thursday)**

For all of us in every capacity of loving service that we give to each other, that the Lord's humility and self-emptying, symbolized in the foot washing, may continue to keep us steadfast in our mutual reverence and devotion to all God's people, let us pray to the Lord....

For our loved ones who are far from the sacraments, for the sick and addicted, the imprisoned and abused, the lonely and the poor, and those who feel alienated and far from the Church, that this night of love and suffering may draw them into communion with Jesus who has the remedy for their wounds, let us pray to the Lord....

On this night when we remember the institution of the priesthood and the Eucharist, we pray that more men will respond to the Lord's call to a life of service as a priest to His people, let us pray to the Lord....

For all of us who share this Eucharist, remembering most vividly that hour when Jesus showed us the very depths of His love, that we might express our gratitude to Him by being faithful in all that He asks of us, let us pray to the Lord....

## **Friday of the Passion of the Lord (Good Friday)**

*See General Intentions in the Roman Missal, Third Typical Edition*

## **Easter Sunday of the Resurrection of the Lord**

For all of us, that our life may be hidden with Christ in God, and that we may seek what is above, celebrating this feast with joy-filled and hopeful hearts, let us pray to the Lord....

That all Christians may offer to the Paschal Victim their thankful praises today, renewing their vows to Him with joy, gratitude, and hope for His victory of divine love, let us pray to the Lord....

For all who were reborn at the Easter Vigil and for all of us consecrated to Jesus, washed in the living water from His pierced side, that we may all truly die to sin in Him, trusting and hoping also that we will share His triumph, let us pray to the Lord....



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## ROSARY OF PROVISION

Anyone who prays this Rosary with faith and devotion will not lack the bread of every day. It is the promise of Jesus of Mercy. Especially in our present time of uncertainty this Rosary Prayer of Provision is needed.

### Instructions for Prayer

**Pray:** “O infinite Mercy of God, which you provide to men of good will, to those in need, to widows and orphans, covering their material and spiritual needs; Open the pantries of heaven and, in the Name of the Father, ✠ in the Name of the Son, ✠ and in the name of the Holy Spirit, ✠ send me the provision I need to accomplish my needs of this day (make request).”

### *Say Creed and Our Father*

#### ***On the big beads say:***

I can have grace and mercy even in times of need.

-Hebrews 4,16

#### ***On the small beads say:***

In the name of God One and Triune, Divine Mercy, provide for me. (10 times)

#### ***At the end of each decade, pray:***

One Our Father and you start as in the beginning.

### ***Repeat for all five decades***

#### ***At the end of the rosary, pray:***

<sup>1</sup> O give thanks to the Lord, for he is good,  
for his steadfast love endures forever.

<sup>2</sup> O give thanks to the God of gods,  
for his steadfast love endures forever.

<sup>3</sup> O give thanks to the Lord of lords,  
for his steadfast love endures forever;

<sup>4</sup> who alone does great wonders,  
for his steadfast love endures forever;

<sup>5</sup> who by understanding made the heavens,  
for his steadfast love endures forever;

<sup>6</sup> who spread out the earth on the waters,  
for his steadfast love endures forever;

<sup>7</sup> who made the great lights,  
for his steadfast love endures forever;



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<sup>8</sup> the sun to rule over the day,  
for his steadfast love endures forever;  
<sup>9</sup> the moon and stars to rule over the night,  
for his steadfast love endures forever;  
<sup>10</sup> who struck Egypt through their firstborn,  
for his steadfast love endures forever;  
<sup>11</sup> and brought Israel out from among them,  
for his steadfast love endures forever;  
<sup>12</sup> with a strong hand and an outstretched arm,  
for his steadfast love endures forever;  
<sup>13</sup> who divided the Red Sea<sup>[a]</sup> in two,  
for his steadfast love endures forever;  
<sup>14</sup> and made Israel pass through the midst of it,  
for his steadfast love endures forever;  
<sup>15</sup> but overthrew Pharaoh and his army in the Red Sea,  
for his steadfast love endures forever;  
<sup>16</sup> who led his people through the wilderness,  
for his steadfast love endures forever;  
<sup>17</sup> who struck down great kings,  
for his steadfast love endures forever;  
<sup>18</sup> and killed famous kings,  
for his steadfast love endures forever;  
<sup>19</sup> Sihon, king of the Amorites,  
for his steadfast love endures forever;  
<sup>20</sup> and Og, king of Bashan,  
for his steadfast love endures forever;  
<sup>21</sup> and gave their land as a heritage,  
for his steadfast love endures forever;  
<sup>22</sup> a heritage to his servant Israel,  
for his steadfast love endures forever.  
<sup>23</sup> It is he who remembered us in our low estate,  
for his steadfast love endures forever;  
<sup>24</sup> and rescued us from our foes,  
for his steadfast love endures forever;  
<sup>25</sup> who gives food to all flesh,  
for his steadfast love endures forever.  
<sup>26</sup> O give thanks to the God of heaven,  
for his steadfast love endures forever.

-Psalm 136 God's Work in Creation and in History



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# FORWARD IN HOPE

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Jesus, You are the Resurrected One.  
We in the Archdiocese of St. Louis, thank You  
for sharing your resurrected life with us.

Help us to move forward in hope  
as we plan for our future, Lord.

May we be emboldened by the power of the resurrection,  
gracious Father, that we would be anchored in hope.  
Strengthen us through the Eucharist to be more courageous  
and encourage us to be more humble.

Inspire us with the Eucharist  
to be true witnesses of our Faith.

Stir the Spirit that dwells within us,  
open our hearts to be Your hands and voice in this world  
so that others will be drawn to You.

As we move forward,  
protect and strengthen our plans and efforts  
as we live as a resurrected people,  
let not failure discourage us nor success blind us,  
and at all times, lead us, Lord. Amen.

Above is a new graphic and prayer to use during this next stage of All Things New. Reminding us to now move Forward in Hope and seek eternal salvation. This prayer card will be available in a printable format electronically shared with parishes, liturgy coordinators, and in the Tuesday Flocknote to all priests.

The following materials are to be helpful to you as we begin the next stage of All Things New, Forward in Hope. We are reminded that now is the time to look forward as a Body of Christ and plan for the future of our Church.



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We must continue to come together in faith, but look to provide hope for our church and future generations. This Easter season is a great time for us to rejoice, thank God, and be excited for the many new things that lie ahead. While there will still be challenges along the way, we can look to hope in a better future for our church and the Body of Christ. This graphic and these materials are most beneficial Easter Monday through Pentecost. Together we can remind everyone of the hope of our eternal salvation by living as a people of hope in our every day lives.

## **PRAYER**

Our next step is looking forward, not dwelling on the steps that got us to this point, but how to move forward as a Body of Christ together. In the above prayer we focus on looking to the hope of the future and the exciting times ahead for our Church. You might consider using this as the prayer each week to conclude the Universal Prayers. It would be a great way to pray as a community of faith. It can also be used for meetings, in the classrooms, prayer groups, and shared with your families.

## **UNIVERSAL PRAYERS**

*The following Universal Prayers can be used at any time throughout the Season of Easter:*

For the missionaries of the Church, that they may be compelled by the Lord's command to proclaim the Gospel to every creature and that the Lord may work with them through acts of mighty power, let us pray to the Lord....

That the rulers and the powerful of the world may again hear the Gospel with its demand for justice and the dignity of every human being, let us pray to the Lord....



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That the example of the missionary Saints of our Church who brought the Gospel message to all nations, may inspire our evangelizing efforts at home, in the places we work, with the people we encounter, and the strangers in our midst, let us pray to the Lord....

For an end to discrimination against our brothers and sisters at the perceived margins of the Church and society, that the dignity of all people, who are made in the image and likeness of God, will be defended and all will find a home within the Church, let us pray to the Lord....

For an increase in vocations to the priesthood, that the Lord's call to serve His people will pierce the noisy distractions of our secular world so more men will respond to the challenge of working with the Lord to make all things new, let us pray to the Lord....

*The following Universal Prayers can be used during the Sundays of the Season of Easter:*

### **Second Sunday of Easter**

For the Church in the Archdiocese of St. Louis, that we may continue to devote ourselves to the teaching of the Apostles, to the breaking of bread, and to the prayers, praising God and earning the favor of all the people, let us pray to the Lord....

That we may obtain the blessing of those who believe without seeing Jesus, as we boldly proclaim Him to be our Lord and our God, let us pray to the Lord....

That Jesus, who on the first Easter Sunday met His Apostles with the beautiful greeting of peace, may fill our hearts to the acts of justice that will lead to peace in the lives of those we encounter, let us pray to the Lord....

For those who are suffering through various trials, whose faith is being tested in the fire, that through Jesus they may emerge filled with hope and strength, let us pray to the Lord....



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### **Third Sunday of Easter**

For all of us, guests at the table where Jesus offers and blesses the signs of His sacrifice, that we too may recognize Him in the breaking of the bread, and build up our brothers and sisters with the witness of our joy and hope, let us pray to the Lord....

That we may conduct ourselves with reverence during the time of our sojourning on earth, placing our faith and hope in God alone, let us pray to the Lord....

For all those who have been sorely tried by pain and loss, that Jesus may join them on the road and help them interpret what has happened, making their hearts burn again with faith, hope, and love, let us pray to the Lord....

### **Fourth Sunday of Easter**

For those who suffer for doing good and speaking up for the sanctity of life and the balance of justice, that their patient witness may be an effective and hope-filled grace before God in the world today, let us pray to the Lord....

For those who are walking in a dark valley, that the Good Shepherd may give them courage and lead them beside the restful water of healing, peace, and hope, let us pray to the Lord....

### **Fifth Sunday of Easter**

For the Church, that we may be a holy nation, a people God can call His own, as we announce with joy and hope the praises of the One who called us out of darkness into His own wonderful light, let us pray to the Lord....

That we who have seen the Father in Jesus may do the works that Jesus has done, becoming firm in hope and powerful in our love and service to others, let us pray to the Lord....



That those who are in distress and pain may not allow their hearts to be troubled, but put their faith and hope in God and in Jesus, who is the way that guides them, the truth that consoles them, and the life that revives them, let us pray to the Lord....

### **Sixth Sunday of Easter**

That each of us may always be willing and ready to share with others the reason for our hope, speaking gently and with reverence, and witnessing to Jesus by the power of His love, let us pray to the Lord....

For our Holy Father, our bishops and priests, and all God's Holy People, that the Advocate, the Holy Spirit, may be with the entire Church in the work of teaching and preaching the Gospel, let us pray to the Lord....

### **The Ascension of the Lord**

For the whole Church on this Solemnity of the Ascension, that our glorious Lord and Savior may fill the hearts of all with His paschal joy which will release itself in a bold proclamation of the joy of the Gospel, let us pray to the Lord....

That God may give us all His Spirit of wisdom, so that we may know and understand the hope of our calling and the riches of His glory as we witness to a culture of life and a civilization of love, let us pray to the Lord....

For the missionary outreach of the Church, that we may all support, by prayer and action, the final mandate of Jesus: to make disciples of all nations, let us pray to the Lord....

### **Pentecost Sunday**

That our faith and hope in Jesus may be strong so that living water may flow from within us, refreshing and renewing everyone we meet, let us pray to the Lord....





For the whole Church on this day of Pentecost, as the glorified Christ lets fall His promised Holy Spirit, that the strong wind of His coming may kindle in each of us His holy fire and so enable us to share the hope of the Gospel with others, let us pray to the Lord....

That the Holy Spirit, poured forth on the Church this day, will remove any doubts from our minds and hearts, and fill us with hope in the Lord's promise of salvation and strengthen us as we witness to this truth by the words and deeds of our lives, let us pray to the Lord....

For the lay faithful, commissioned by the Spirit to be a ferment in society for the kingdom of God, that the Spirit's gift of fortitude may make them strong friends of Christ, able to stand up for the demands of proclaiming justice, life, peace, and hope in our world, let us pray to the Lord....

For all who are experiencing new stirrings of the Holy Spirit in their lives, that they may not quench the loving Spirit who awakens within them, let us pray to the Lord....

## **NOVENA TO THE HOLY SPIRIT**

Following the Ascension of Our Lord, tradition says that the disciples gathered in the upper room together with Our Blessed Mother for the novena, nine days of prayer in anticipation of the outpouring of the Holy Spirit. The Holy Spirit was given to the disciples to empower them to "be my witnesses...even to the ends of the earth." (Acts 1:8)

Today, as disciples of Jesus, we too join together in prayer for a fresh outpouring of the Holy Spirit in our parish, our faith communities, our families, and in ourselves. We need the power of the Holy Spirit to be effective witnesses of love of God for our world. This novena to the Holy Spirit has been designed for either individual or communal prayer. The spiritual impact of serious prayer and reflection is immeasurable.

***The format of the Novena will be:***

Invocation to the Holy Spirit  
 A Scripture passage for focus  
 An image to focus on and pray with  
 A meditation  
 Prayer for the day  
 Concluding prayer to the Holy Spirit

*Note: Meditations for Days 1 through 8 are based on the book Come Creator Spirit, by Rev. A. Biskupek, SVD, now out of print.*

**Novena: Day 1 – May 19, 2023**

*O Holy Spirit, Soul of my soul, I adore you. Enlighten me, guide me, strengthen me, console me. Tell me what I ought to do, and command me to do it. I promise to submit myself to all that You ask of me, and to accept all that You permit to happen to me. Only let me know Your will. Amen.*

*“I will ask the Father and he will give you another Paraclete-Consoler to be with you always.”*

— John 14:16



***The Holy Spirit, the Best Consoler in Our Distress***

The Holy Spirit is God. Together with the Father and the Son, He has created us. Shall He not then perfectly understand the human heart? The Holy Spirit searches us and knows us through and through. He knows the particular temperament, personality, and character of every individual, as well as the most secret desires and ambitions of the heart. He foresees how we will react to the various influences of life coming from within and without: ideals not realized, hopes disappointed, ambitions shattered, crosses borne, hardships endured.

In these trials of life, the Holy Spirit within us is always there as our best friend, our consoler and Paraclete.

The Holy Spirit understands that our human nature has been weakened and wounded by original and personal sin. Knowing that we carry the treasure of the Christ-life in a very fragile vessel, He knows our sinful inclinations and the strength of our temptations. But our divine Consoler-Paraclete also knows the best remedy for all the ills of our souls. He can lay His finger on the sore spot and apply the remedy at once, for He possesses the power of helping us at all times and at all places, in all conditions and circumstances. When we fail or lose courage, He who is almighty can restore what is lost. When we are at a loss as to what God wants of us, He is wise and no situation is too complicated for Him. He is the infinitely tender love of the Father and Son for us, and therefore He is our best consoler.

Although the Holy Spirit may not always remove our cross (for He knows how sanctifying it is), He will illuminate it with heavenly light, and give us a glimpse of the precious fruits that will come from it, filling us with His own comfort and hope. The Holy Spirit's love is not a weak and sentimental love that yields to our demands and grants us what is not good for us or jeopardizes our eternal welfare. The Holy Spirit yearns and pines over us day and night, "interceding for the saints as God Himself wills." (Rom 8:27). The consolation of the Holy Spirit brings joy into the gloom of our sorrow, light into our darkness, peace into our heart when tossed by the tempests of life. His consoling grace brings not only contentment in tribulation, but even a love for the cross, and a peaceful and trusting dependence on our Heavenly Father whose providence is at work in our lives.

Finally, it is the work of the Holy Spirit to lift our minds and hearts to heaven, where God will wipe away all our tears, and grant us the blessed reward waiting for those who generously take up their cross on earth, and follow in the footsteps of Jesus.



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***Prayer of the Day:*** “Thou of all consolers best,” come and fill us with trusting abandonment to God in all the sorrows and afflictions of life! Intercede for us as God Himself wills! Help us to embrace All Things New with open hearts that believe that the Holy Spirit has guided us along the way. May the consoler bring comfort to any grief in our heart. Amen.

***Concluding Prayer to the Holy Spirit***

**St. Augustine’s Prayer to the Holy Spirit**

Breathe in me O Holy Spirit, that my thoughts may all be holy. Act in me O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me O Holy Spirit, to defend all that is holy. Guard me then O Holy Spirit, that I always may be holy.

**Novena Day 2 – May 20, 2023**

*O Holy Spirit, Soul of my soul, I adore you. Enlighten me, guide me, strengthen me, console me. Tell me what I ought to do, and command me to do it. I promise to submit myself to all that You ask of me, and to accept all that You permit to happen to me. Only let me know Your will. Amen.*

*“Are you not aware that you are the temple of God, and that the Spirit of God dwells in you?”*

*-1 Cor. 3:16*



***The Holy Spirit, Sweet Guest of Our Souls***

The Holy Spirit is the sweet guest of our souls, bringing us the never-ending gift of divine love and grace and friendship. As social beings, we are not made to live alone, and yet we often experience loneliness, even in the midst of a crowd. This is the loneliness of the heart, a sense of not being completely understood, or of being forgotten.



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Deeper still, the human heart has a deep loneliness and longing for God. Because we are made for God, nothing on this earth can fully satisfy us. “My soul is yearning and pining for the living God,” prays the psalmist. Worldly enjoyments often leave us with a deeper restlessness and emptiness. We know we are made for more, and the Holy Spirit creates within us a deep longing for the God of our hearts.

From whatever cause our loneliness might arise, the Holy Spirit offers us companionship as the faithful, abiding guest of our souls. St. Augustine cried out: “Our hearts are made for you, O God, and restless will they be until they rest in you.” The infinite love of God who is the Holy Spirit gives our hearts rest. When by faith and love we abide with Him and with the Father and the Son, we feel at home. Jesus promised us this new life in the family of the Trinity when he said: “I will ask the Father and he will give you another Paraclete to be with you always: the Spirit of truth whom the world cannot accept since it neither sees him nor recognizes him; but you can recognize him, because he remains with you and will be within you....Anyone who loves me will be true to my word, and my Father will love him; and we will come to him and make our home within him.”

The close presence of Father, Son and Holy Spirit is full of understanding and unconditional love. Loved ones might forget or abandon us, but God is faithful. In a way human friends could not possibly give, the Holy Spirit offers us His help, consolation and company at any moment of the day or night.

When St. John Chrysostom was forced into exile, he drew strength and comfort from the presence of the Holy Spirit within. He wrote: “Wherever I go, even to the most distant country or to the most barbarous people, I always have God with me.”



There are certain sacred duties to be observed toward the sweet guest of our souls. The house in which He dwells must be free of whatever grieves Him. Deliberate venial sin is offensive to the Holy Spirit and must be avoided at all costs. But it is comforting also to remember that it is the Holy Spirit Himself who cleanses our souls from sin and make them beautiful with the virtues of Christ.

Knowing the guest we bear within, it would be unthinkable for us to ignore Him. Spending time with this abiding companion, often sending Him some darts of our love, calling upon Him for light and grace to carry out the Father's will especially in the midst of the crosses of life, and begging Him to light the fire of His love in our hearts, are ways to cultivate our friendship with the sweet guest of our souls. The peace His presence brings us cannot be taken from us even by the most severe trials of life. The Holy Spirit makes the yoke of Jesus sweet and His burden light. We carry within it the great fountain of joy and the giver of all consolation, so why are we so slow in grasping these precious divine gifts?

***Prayer of the Day:*** May we embrace with faith that the Archdiocese is moving forward in ways that will enliven our life through an engaged community of believers that can accompany us and lead us to live a life for the Lord. Amen.

***Concluding Prayer to the Holy Spirit***

**St. Augustine's Prayer to the Holy Spirit**

Breathe in me O Holy Spirit, that my thoughts may all be holy. Act in me O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me O Holy Spirit, to defend all that is holy. Guard me then O Holy Spirit, that I always may be holy.

## Novena – Day 3 – May 21, 2023

*O Holy Spirit, Soul of my soul, I adore you. Enlighten me, guide me, strengthen me, console me. Tell me what I ought to do, and command me to do it. I promise to submit myself to all that You ask of me, and to accept all that You permit to happen to me. Only let me know Your will. Amen.*



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*“You became imitators of us and of the Lord, receiving the word despite great trials, with the joy that comes from the Holy Spirit.”*

*-1 Thess. 1:6*



### ***The Holy Spirit, Sweet Refreshment Here Below***

Restoration of exhausted energy, a happy and cheerful mood for serving God and facing the hardships of daily life—this is the effect of the holy spiritual refreshment we implore from the Holy Spirit. Wherever the Holy Spirit dwells, His love which is stronger than death, is operating. Not even the rising floods of tribulation can extinguish His eternal love for us. The love of the Holy Spirit is equal to all tasks and knows no weariness in hardship and labor. The Holy Spirit is never discouraged but constantly urges us on in our spiritual journey, no matter how arduous may be the path. When His love truly operates in us, we are content with what God chooses to send into our life. We seek the will of God, and this abandonment to divine providence releases interior joy and refreshment into our hearts.

The discomfort of bearing the daily cross, the monotony of everyday duties, can often result in a sense of fatigue and weariness. We sometimes feel we have spent the last ounce of energy and have no strength left to continue walking the way of the cross. The Holy Spirit comes to our aid to provide refreshment for our tired and weary hearts on the journey of life.



He can act directly, by bestowing new vigor, hope and strength to the soul, or He can do so indirectly through people, through reading, through events and things.

Discontent is a veritable cancer of the spiritual life. It stifles our growth, spreading its poison everywhere. It disturbs our peace of soul, because we don't have what we want, or we must put up with what we don't like. We begin to think the burden we carry is too heavy, or the work we are assigned is not suited to us. The place we live, the people we encounter might strain our nerves, and we feel like we are in a strait jacket. Discontent may deceive us into thinking that others succeed where we have failed, and all this may bring forth a sense of bitterness and rebellion against others, and against God Himself who is allowing this to happen.

This is a dangerous state of mind which we must resist by turning to the Holy Spirit for help and strength and refreshment in the heat of temptation. All adversities can be borne if seen in His heavenly light. What might cause bitter discontent without the Holy Spirit, can be accepted with humility, detachment, patience and even joy when we surrender to the Holy Spirit.

How much peace our souls would enjoy even in adversity, and how much energy would be released for God and the salvation of souls, were we to depend more completely on the help of the Holy Spirit. As ice melts in the presence of fire, as clouds are dispersed by a strong wind, our tribulations will turn into joy at the presence and strengthening and refreshment of the Holy Spirit who can accomplish all if we allow Him.

***Prayer of the Day:*** Holy Spirit, refresh us daily with the fire of your love! Never allow discouragement or discontent to paralyze us in our advance toward union with God! Help us in the Archdiocese of St. Louis to embrace moving forward in hope.



## ***Concluding Prayer to the Holy Spirit*** **St. Augustine's Prayer to the Holy Spirit**

Breathe in me O Holy Spirit, that my thoughts may all be holy. Act in me O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me O Holy Spirit, to defend all that is holy. Guard me then O Holy Spirit, that I always may be holy.



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### **Novena – Day 4 – May 22, 2023**

*O Holy Spirit, Soul of my soul, I adore you. Enlighten me, guide me, strengthen me, console me. Tell me what I ought to do, and command me to do it. I promise to submit myself to all that You ask of me, and to accept all that You permit to happen to me. Only let me know Your will. Amen.*

*“Send forth your Spirit and they shall be created, and you shall renew the face of the earth!”*

*-Psalm 104:30*



### ***The Holy Spirit, in our Labors Rest Most Sweet***

Labor is a synonym for work and activity, but it connotes a spending of our selves that can cost us a heavy price, besides bringing discomfort, pain and weariness.

Apostolic labor can involve us in travail and suffering of body and soul, as we share in Christ's redemptive sufferings. Rest implies that all this pain, discomfort, and weariness cease and our exhausted energy is restored and renewed even if the strenuous labor must continue on.

The Holy Spirit who can indeed give us rest after labor, can also give us rest in the midst of labor. He inspires in us the love of Christ that urges us on, making us capable of enduring tremendous efforts and hardships without counting the cost if only God can be known and loved and served as He deserves.



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The Holy Spirit accomplishes this in a soul through the inpouring of His light and love. He it is who leads us to rest like a beloved infant in the bosom of the Eternal Father, a practice so dear to St. Paul of the Cross.

This interior resting of our spirit in God is so necessary for our perseverance in serving Him and serving the Church in these difficult times. It is a key to a daily renewal of strength and courage. Let us listen to St. Paul the Apostle writing to the Corinthians (2 Cor. 6:4-10): “In all that we do, we strive to present ourselves as ministers of God, acting with patient endurance, amid trials, difficulties, distresses, beatings, imprisonments and riots; as men familiar with hard work, sleepless nights and fastings; conducting ourselves with innocence, knowledge and patience in the Holy Spirit, in sincere love, as men with the message of truth and the power of God...whether honored or dishonored...dead yet here we are alive; punished but not put to death; sorrowful though always rejoicing; poor yet we enrich many. We seem to have nothing, yet everything is ours!”

What the Holy Spirit accomplished in the Apostle Paul, He can accomplish in us and He will do it to the degree pleasing to His wisdom and in proportion to our generosity. “With innocence, knowledge and patience in the Holy Spirit,” our spirits are directed, consoled and strengthened, and brought to rest in the love and embrace of our Heavenly Father. He whose power is infinite, knows no obstacles, fatigue or exhaustion. All human strength and power are just small drops of His divine energy. The Holy Spirit can change our labor into rest by an abundant infusion of His power, light and love.

***Prayer of the Day:*** Oh Loving God, we admire the wisdom you give which helps us to understand the law of labor may be turned into rest for our hearts who are made one with Father, Son and the Holy Spirit. As His children may we trust that we have prayed and invited the will of our Father into our hearts and homes, our parishes and our Archdiocese. Amen.

## ***Concluding Prayer to the Holy Spirit*** **St. Augustine's Prayer to the Holy Spirit**

Breathe in me O Holy Spirit, that my thoughts may all be holy. Act in me O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me O Holy Spirit, to defend all that is holy. Guard me then O Holy Spirit, that I always may be holy.



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### **Novena– Day 5 – May 24, 2023**

*O Holy Spirit, Soul of my soul, I adore you. Enlighten me, guide me, strengthen me, console me. Tell me what I ought to do, and command me to do it. I promise to submit myself to all that You ask of me, and to accept all that You permit to happen to me. Only let me know Your will. Amen.*

*“Put on the armor of God so that you may be able to stand firm against the tactics of the devil....Do all that your duty requires, and hold your ground. Take the helmet of salvation and the sword of the Spirit, the word of God.”*

*-Eph. 6:10-17*



### ***The Holy Spirit, Grateful Fullness in the Heart***

We speak of the “heat” of battle or the “heat” of strife, likewise of the “heat” of passion, the “heat” of controversy and so forth. Implied in all of these is commotion, exertion, strong passions and struggle.

Coolness, on the other hand, implies a tranquility of mind and heart, together with a prudent deliberation in acting. Such attitudes are most desirable for the spiritual life, and they are in fact indispensable for a life of holiness. Why? Because the reality is: we are engaged in a spiritual warfare against the powers of darkness and against their helpers on earth.



Daily we find ourselves in the heat of strife. Not only are we engaged in a spiritual struggle with dark spirits, we must also battle our own unruly passions that are not yet subjected to the rule of Christ. In all of this, the Holy Spirit enters the combat, breathing the powerful cool relief of grace in the heat of battle.

Many a fierce struggle is fought on the hidden battleground of the human heart. Assaults from evil spirits can assail us at any time and in even the holiest of places. When vile temptations crowd in upon us, we must resist in the power of the Holy Spirit. We must stand firm against the tactics of the devil, using the sword of the Spirit, the Word of God. Our eternal souls are at stake. We need coolness in deliberation, the effect of the virtues and gifts of prudence, fortitude and temperance. Satan is not content to fight alone. He has his helpers who are the enemies and persecutors of the Church in our times. The coolness of the Holy Spirit has a vital significance today as anti-Catholic bigotry and subtle persecutions war against the People of God.

But there is an even more subtle battle. The heat of unruly passion, anger, revenge and disobedient pride all wage war against the soul. Whereas before the original fall, these natural tendencies were under the control of reason and subjected to God, now the human will rebels against the will of God, and animal tendencies rise up against the dictates of reason. Concupiscence, or our unruly appetites, are the fertile ground on which the 7 capital sins thrive.

Warfare against these unruly passions will last as long as we live, and without the grace of the Holy Spirit we cannot withstand their devouring fire. He arms the soul with spiritual coolness, courage, and moderation in all the battles of life. He also supplies all those preventives which counteract the urgings of unruly passions. Every increase of grace brings an increase in the desire for heavenly things and for acquiring the virtues of Christ.

The presence of the Holy Spirit, penetrating the very substance of our being, gives us a certain supernatural temper that by its very nature opposes evil influences, and if we cooperate, will make victory certain.



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***Prayer of the Day:*** We need the Holy Spirit to be our coolness in the heat; as we fight the battles against the spirits of darkness roaming as well as the unruly passions of our hearts. It is the Spirit of Jesus who will bring our spiritual warfare to a victorious end. Burn away the divisions in our hearts. Free us from all influence of evil and send forth your protection so that we may grow in unity as a vibrant, evangelizing Church. Amen.

***Concluding Prayer to the Holy Spirit***  
**St. Augustine's Prayer to the Holy Spirit**

Breathe in me O Holy Spirit, that my thoughts may all be holy. Act in me O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me O Holy Spirit, to defend all that is holy. Guard me then O Holy Spirit, that I always may be holy.

**Novena – Day 6 – May 25, 2023**

*O Holy Spirit, Soul of my soul, I adore you. Enlighten me, guide me, strengthen me, console me. Tell me what I ought to do, and command me to do it. I promise to submit myself to all that You ask of me, and to accept all that You permit to happen to me. Only let me know Your will. Amen.*

*“It is through many tribulations that we must enter into the Kingdom of God.”*

*-ACTS 14:21*





### *The Holy Spirit, Solace in the Midst of Woe*

For centuries the children of the Church have prayed to the Spouse of the Holy Spirit in the Salve Regina: “To thee do we cry poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears...” Indeed, this earth is a valley of tears ever since our first parents were expelled from paradise. To support the sorrows of this life, we need the Holy Spirit to be solace for our souls. If any evil in this world is deserving of tears, it is sin.

While all sin offends God, wounds the human person and grieves the Holy Spirit, mortal sin is spiritual suicide. It brings the loss of God, and the danger that the soul could lose eternally Him for whom we were created. Without God, nothing has value; even the merits of good works of one in mortal sin, are of no avail. Unless atoned and forgiven, mortal sin brings eternal death of damnation. Tears of repentance, inspired, permeated, and sweetened by the Holy Spirit are a most precious grace, and therefore as we intercede for sinners, we pray that hardened hearts be pierced through with sorrow for sin, and the desire of forgiveness and holiness of life.

Who can name the countless other sorrows of life that bring us suffering? Searing grief at the death of loved ones; natural disasters and political upheavals, wars and rumors of war; sickness, poverty, loss of jobs, financial worries and so forth. Whether God in His wisdom sees fit to remove the cross or not, the Holy Spirit consoles the sorrowing by bestowing an increase of faith and trust, a greater detachment from earthly things, and a courage in sacrifice. Filled with the strength and consolation of the Holy Spirit we can even rejoice in the midst of trials and tribulations.

Where there is no material poverty or physical suffering, there are innumerable other trials that hurt deeply: worries over the salvation of loved ones, disappointments and heartbreaks, feeling abandoned by God, etc.



God uses these trials to purify our hearts and to direct our thoughts and affections more completely to Him. In the midst of all these woes, the Holy Spirit comes as a gentle, divine solace, lifting our hearts to the thought of heaven, where God will wipe away all tears from their eyes, and death shall be no more, nor mourning, crying or sorrow, for all these things will have passed away. (Cf. Rev. 21:4)

***Prayer of the Day:*** Oh Lord, aid us now as we lay down our woes, our uncertainties, our doubts, and fill us with the power to receive in our hearts your gentle and divine solace. Give us the eyes to see what is hidden and the hearts to believe in your providential care for each of us. Amen.

***Concluding Prayer to the Holy Spirit***  
**St. Augustine's Prayer to the Holy Spirit**

Breathe in me O Holy Spirit, that my thoughts may all be holy. Act in me O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me O Holy Spirit, to defend all that is holy. Guard me then O Holy Spirit, that I always may be holy.

**Novena – Day 7 – May 26, 2023**

*O Holy Spirit, Soul of my soul, I adore you. Enlighten me, guide me, strengthen me, console me. Tell me what I ought to do, and command me to do it. I promise to submit myself to all that You ask of me, and to accept all that You permit to happen to me. Only let me know Your will. Amen.*

*“When the Paraclete comes, the Spirit of truth who comes from the Father, and whom I myself will send from the Father, he will bear witness on my behalf...When he comes, he will prove the world wrong about sin....”*

*-John 15:26; 16:8*





### ***The Holy Spirit Bends Our Stubborn Hearts and Will***

We all naturally like to follow our own ideas. As life goes on, we may even find ourselves holding on more and more stubbornly to our own ways of thinking and doing. Unless checked, this will have a negative effect on our relationship with God and with those around us, with whom we live and work.

The Holy Spirit who understands us so well, comes to our aid. It is the action of His grace that can bend our stubborn heart and will, bringing us into harmony, peace and union with God and neighbor.

Bowing, genuflecting and kneeling are very common forms of Catholic worship. They symbolize the readiness of our will to submit to the authority and will of God. The interior attitude is much more important than the external act, and without it the latter has no value.

Our human will must conform to the holy will of God. We owe this submission to God not just because He is our Creator and we are His creatures; we owe this to God because He is our loving Father and we are His beloved children in Christ Jesus.

Stubborn, unyielding self-will has its root in the pride that led to catastrophe even in paradise. The battle cry of Lucifer, “I will not serve,” has its echo in the life of people down through the ages. Today we hear this awful echo in the lawlessness, corruption, sin and violence of our times. We hear it in those who say, “This is my body, and it is my choice to abort.” Proud, unbending self-will flaunts itself against God all over the world, and unfortunately, we see it doing immeasurable harm even in some who claim to be serving God.

It is the Holy Spirit who comes to convict the world of sin. The Holy Spirit is the One who convicts us of the sin lurking in our own hearts. Through His enlightening and purifying action in our hearts,





He gives us fear of the Lord which is the beginning of wisdom. This gift makes us realize the sovereign authority of our Creator and our absolute dependence on Him. Above all, it is by an increase of love in the human heart, a love that enlightens us to eternal truths, that the Holy Spirit bends the human will to conform to the will of God. As fire makes the iron soft and malleable, as it fuses two pieces of iron into one, thus the Holy Spirit's fire of love makes the human will so pliable that we become one will the divine will.

Without such bending of the will, the Church could not accomplish her mission, and the religious state would be an impossibility. In fact, any kind of Catholic life or Christian community has to be based on submission and charity, and the curbing of personal desires and ambitions for the sake of the common good, as well as on the willingness to bear one another's burdens. A narrow-minded, stubborn insistence on one's own will or one's own ways of doing things does the greatest harm. Rigidity of will is the source of endless frictions, violations of justice and charity which disturb the peace and unity of the community.

Such things directly oppose the activity of the Holy Spirit, and He cannot be pleased with it. A certain amount of accommodation and compromise is necessary in the interests of harmony and peace. Bending one's will out of love for God and neighbor is the way to perfection and peace in community. It also opens the way for the full operation of God's power and love.

***Prayer of the Day:*** May the Holy Spirit bend our will, may He by His power and sweetness overcome our rebellious spirit, so that in and through Him we may be more and more under the direction of His wise and loving guidance, and made one with the holy will of God. May we come together as one in this Archdiocese to help set aflame the New Evangelization. Amen.

## ***Concluding Prayer to the Holy Spirit*** **St. Augustine's Prayer to the Holy Spirit**

Breathe in me O Holy Spirit, that my thoughts may all be holy. Act in me O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me O Holy Spirit, to defend all that is holy. Guard me then O Holy Spirit, that I always may be holy.

### **Novena – Day 8 – May 27, 2023**

*O Holy Spirit, Soul of my soul, I adore you. Enlighten me, guide me, strengthen me, console me. Tell me what I ought to do, and command me to do it. I promise to submit myself to all that You ask of me, and to accept all that You permit to happen to me. Only let me know Your will. Amen.*

*“If you knew the gift of God and who is saying to you, ‘Give me a drink,’ you would have asked him and he would have given you living water.”*

*-John 4:10*



### ***The Holy Spirit Warms What is Cold***

Watch insects, flies, ants or bees on a cold day—how slow and awkward they are, if they manage to move at all. Then too, for us humans, prolonged and penetrating coldness can cramp and perhaps paralyze even the nimble fingers of a pianist or typist. Warmth is needed for suppleness. What warmth is for material and physical life, the love of God is for Christian life. Where there is no love, there is no life. Where love is weak or cold, there is spiritual insensibility, inertia and tepidity. In His apparitions to St. Margaret Mary, the Sacred Heart of Jesus complained of the coldness and indifference with which He is treated by so many souls, even religious and priests. For a fervent Christian life, we need fervent love. The source of all fervor of love is the Holy Spirit. The warmth of His divine love communicates to the soul devotion, promptness, suppleness and joy.



Our devotion to God must be determined and loyal, not wavering, hesitating, or lukewarm. Such loyal devotion is not satisfied with half-measures, but must give itself completely. Love is generous in self-giving, not stingy, calculating and cold. Jesus tells us in the Gospel, “You are my friends, if you do what I command you” (Jn. 15:14).

A slave might have to be forced, but a lover is prompt and readily disposed to carry out the wishes of the one he or she loves. Promptness gives to God what is first and best.

Devotion characterizes one who is truly in love with God. Slowness, hesitation, laziness and miserliness in the service of God dry up our work and deprive it of the fragrance of love. Promptness saves time; loss of time is truly a serious loss because it implies the loss of graces offered and opportunities given. We ask the Holy Spirit to send forth the fire of His love into our hearts, so that as soon as we know the will of God, we may be ready to carry it out to the best of our ability, as Jesus and Mary always did.

To be called upon to serve God and the Church is a great honor and privilege. Moroseness and reluctance in the service of God would thus be offensive to Him. God loves a cheerful giver. Even among men, a gift that is reluctantly given does not arouse joy and satisfaction in the recipient.

We should give to God and neighbor with a loving heart. Cheerfulness makes for perfection. The more we love God and love what He chooses for us, what He wills for us, the more perfection, care and attention we give to it. There is no sloppiness or half-heartedness when one acts out of love. This is the secret of holiness, which lies not in doing extraordinary things that might shine in the eyes of others, but in doing ordinary things with extraordinary love, care and attention because they are done for God.

***Prayer of the Day:*** The Holy Spirit desires to keep burning brightly in us that fervor of divine love that urges us to work selflessly for the glory of God and the good of souls. The warmth of the Holy Spirit’s love is incompatible with coldness or indifference, spiritual inertia and insensibility. May the Holy Spirit always warm our hearts with great love for God and neighbor! May we seek to come together as a united Church and seek all those in the margins who need to know His love. Amen.

***Concluding Prayer to the Holy Spirit***

**St. Augustine’s Prayer to the Holy Spirit**

Breathe in me O Holy Spirit, that my thoughts may all be holy. Act in me O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me O Holy Spirit, to defend all that is holy. Guard me then O Holy Spirit, that I always may be holy.

***Novena – Day 9 – May 28, 2023***

*O Holy Spirit, Soul of my soul, I adore you. Enlighten me, guide me, strengthen me, console me. Tell me what I ought to do, and command me to do it. I promise to submit myself to all that You ask of me, and to accept all that You permit to happen to me. Only let me know Your will. Amen.*

*“You did not receive a spirit of slavery leading you back into fear, but a spirit of adoption through which we cry out Abba, Father!”*

*-Rom. 8:15*



***The Holy Spirit Makes Us Cry Out: Abba, Father!***

The Holy Spirit is the Spirit of our adoption as beloved sons and daughters of God, in Christ Jesus His Son and our Lord. God has given us new birth in the resurrection of Jesus from the dead.



We too are born of the Father's love with Jesus, and this is the fruit of the Passion and Death of Our Lord. God has made His home in our hearts, and we now live with Him as members of the household of God, and citizens of the saints. The Holy Spirit is like an ever-flowing fountain of living water within us, gushing up into our consciousness, urging us: "Come to the Father!"

He is the very prayer of Jesus poured into our hearts, making us cry out with the tender devotion of Jesus, "Abba, Father!" Deep within us, the Holy Spirit is always testifying to our inmost hearts that we are beloved children of God, even when we must undergo the suffering and darkness of the daily cross.

Since God is our tender Father, we should often call upon Him with trust in His providential care. It is the Holy Spirit Himself who brings forth within us the very prayer of Jesus. Gradually, as we live with God in the temple of our souls, the words of the Our Father become the climate of our spiritual life. Since God is our tender Father, we should also beg the Holy Spirit to bring forth in us a deep filial affection for Him, for it is proper that children love and honor their Father. The Holy Spirit's gift of piety makes us zealous for God's honor and glory, and impels us to do what we can to bring others to know, love and serve Him. In a childlike spirit, we rejoice in the greatness and glory of our Father, thanking Him, praising Him and worshiping Him by laying our life before Him in readiness to do what He asks of us.

What more trustworthy Father could we have than our God, whose goodness is boundless, and from whom comes all fatherhood on earth? A child trusts his father, and abandons himself into his hands. To love and trust our Father as He deserves, we need to put on the mind and attitude of Christ Jesus, the Beloved Son, and to beg to be filled with the Spirit of Jesus who is a Spirit of Filial Love for the Father.



On the cross, Jesus as humble and obedient servant-Son of the Father, abandoned Himself with unlimited trust into the hands of this trustworthy Father. This act of worship, this incredible act of love in which Jesus died, brought about the redemption of the world. This sacrifice of Calvary comes into us at Mass, that we might make it more and more our own, and live out of it.

***Prayer of the Day:*** O Holy Spirit! Bring forth in us more and more the mind and attitudes of Jesus, the spirit of adoptive sonship whereby we are always crying out, Abba, most loving and tender Father, I abandon myself completely into your hands! You hold this Archdiocese and the faithful in your hands with tender love. Amen.

***Concluding Prayer to the Holy Spirit***

**St. Augustine's Prayer to the Holy Spirit**

Breathe in me O Holy Spirit, that my thoughts may all be holy. Act in me O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me O Holy Spirit, to defend all that is holy. Guard me then O Holy Spirit, that I always may be holy.

Come Holy Spirit, Come and renew the Archdiocese of St. Louis!

## **CLOSING**

Thank you for your continued efforts with All Things New and we hope this booklet is a prayerful resource for you and your parish. If you have any questions please reach out to the Office of Sacred Worship: [amybuehrle@archstl.org](mailto:amybuehrle@archstl.org) and we would be happy to assist you.

These materials and a printable version of the two updated prayers will also be emailed to all parishes, included in the Tuesday Flocknote to priests, and be posted to the Office of Sacred Worship website for easy access.

May God Bless you all and together, united in prayer, we can make All Things New.





ARCHDIOCESE OF ST. LOUIS